

BREAKFAST SUNRISE

Served daily from 7am - 11.30am

Our organic artisan bread is supplied by Bake Bar

- Sourdough, wholemeal or gluten free, cultured butter, spreads **6**
- Banana bread, honey ricotta, fresh strawberries **V 7.5**

HEALTHY BOWLS

- Açai Bowl** organic Amazonian berries, banana, summer berries, shredded coconut, toasted granola, chia seeds **18**
- Nasi Goreng** fried egg, basmati rice, shallots, roasted peanuts, confit chilli, coriander, sweet soy, fresh lemon **22**
- Bircher Muesli** organic oats, vanilla bean yoghurt, brown sugar, summer berries, shaved apple, pumpkin seeds **18**

VEGETARIAN/ PESCETARIAN

- Smashed Avocado** feta, mint, fresh lime on sourdough, poached egg, balsamic, sea salt **19**
- Corn Fritters** smoked salmon, smashed avocado, soft summer herbs, romesco bread sauce, poached egg **23**
- Protein Power** 5 scrambled egg whites, smoked salmon, avocado, baby spinach, fresh tomato **21**
- Mediterranean** scrambled eggs, grilled haloumi, sautéed mushrooms, tomatoes, labneh, cucumber, olives, zaatar flat bread **V 22**
- Vegan Mediterranean** marinated olives, vegan haloumi, heirloom tomatoes, sesame avocado, cucumber, baby spinach, gluten free bread **25**
- Paleo Board** marinated olives, toasted freekeh, turmeric cauliflower, heirloom tomatoes, granola pumpkin, labneh **22**

WOOD FIRED PIZZA

- (available sat/sun 8am – 11.30am)
- Cheese & Olives Pizza** side of fresh tomato, cucumber **V 10**
- Zaatar Pizza** fresh tomato, cucumber, mint, labneh, fresh lemon **V 13**
- Bacon & Eggs Pizza Scrambled** grilled onions, mozzarella, BBQ base **17**
- Jambon** smoked ham, tomato, pesto, cheese **15**
- Vegetarian** zaatar, tomato, cucumber, red, onion, mint leaves, olives, feta **15**
- Zaatar** oregano, thyme, sesame seeds, evoo **11**
- Haloumi & Egg Zaatar**, red onion, olives, labneh **15**

CLASSICS

- Hunter Valley** free range eggs cooked your way **10**
w sourdough, wholemeal or gluten free

Sides:

- Black Forest Bacon **5** Tomato **3**
- Sujuk Sausage **5** Avocado **4**
- Smoked Salmon **6** Hash Browns **4**
- Mushroom **4** Labneh **4**
- Feta **4** Spinach **4**
- Haloumi **4**

Eggs Benedict poached eggs, hollandaise sauce on organic sourdough.

- Choice of Protein
- Smoked Ham **14**
- Bacon **15**
- Salmon **17**

Neptunes Big Breakfast eggs your way, bacon, grilled tomato, hash brown, sujuk, sautéed mushrooms, haloumi, toasted sourdough **24**

Neptunes Classic eggs your way, bacon, grilled tomato, hash brown, toasted sourdough **17**

Three Egg Omelette **20**

choice of four ingredients:

black forest bacon, mushroom, feta, haloumi, tomato, smoked salmon, spinach, kale, onion, capsicum, olives, sujuk, chicken

Buttermilk Pancakes grilled banana, strawberries, blueberries or nutella, Canadian maple syrup, pistachio praline, mascarpone **16**

Bay Breakfast Wrap **16**
sujuk, scrambled egg, spinach, capsicum, feta, olives, chilli

Zaatar and Halloumi Wrap **15**
side of tomato, cucumber, mint, side of labneh

Neptunes
YOUR HOME

 Café Neptune  neptunes.brightonlesands



Host your next function at Neptunes!

DRINKS

Served daily from 7am - 11.30am

HOUSE ROASTED COFFEE

Espresso, Ristretto, Macchiato
Cappuccino, Latte, Flat White, Piccolo, Long Black
Hot Chocolate, Mocha
Chai, Matcha or Turmeric Latte
Dairy alternatives - bonsoy, almond or lactose
Free Syrups - caramel, vanilla or hazelnut

Pot of loose leaf tea by Tea Drop

Choice of:
English breakfast, earl grey, chamomile,
peppermint, green tea, honeydew

Malabar Chai Tea

Brewed bonsoy or almond milk served, honey

COLD DRINKS

Coffee Frappé

The Greek way, coffee, ice,
your choice of milk / sugar

Iced Latte

Double shot of coffee, ice, milk,
your choice of hazelnut, caramel or vanilla syrup

Iced Long Black

Double shot of coffee
poured over ice, water

Traditional Iced Coffee

Shot of coffee, vanilla ice cream, milk,
vanilla syrup, cream

Iced Chocolate

Belgian chocolate syrup,
vanilla ice cream, milk, cream

Affogato

Double shot of coffee, vanilla ice cream,
a shot of hazelnut syrup

JUICES

Freshly Squeezed Juice

Choice of 4:
Orange, Apple, Beetroot, Ginger, Carrot, Celery,
Cucumber, Kale, Pineapple, Watermelon, Lime,
Lemon, Mint

Eastcoast Juice

Orange/ Apple/ Pineapple
Mango/ Cranberry

MOCKTAILS

Lychee Blossom

Lychee, rose syrup, lemon juice,
soda water, lemonade

Peachy Mango

Mango, peach, banana, orange, ice

Passionfruit Delight

Passionfruit puree, pineapple juice, lemon juice

Strawberry Sunrise

Strawberry, lemon juice, vanilla syrup,
vanilla ice cream, soda water

Neptunes Traditional Lemonade

Fresh lemon juice, mint leaves,
iced water, sugar syrup

Lemon Mint

Fresh lemonade, mint, ice

Watermelon Crush

Fresh watermelon, syrup, ice

Fruit Frappé

Seasonal Fruits, grenadine, apple juice, ice

SMOOTHIES

Classic smoothie, yoghurt,
milk, your choice of fruit:

Banana, Mango & Mixed Berries

Açaí & Banana Smoothie

Neptunes Green Smoothie avocado, apple,
almond milk, chia seeds, ice

Add whey protein to your smoothie

Milkshakes

Choice of chocolate, nutella, caramel, vanilla or
strawberry, whipped cream

House Made Iced Tea

Traditional lemon or peach

Neptunes
YOUR HOME



Café Neptune



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Have you seen our private function space?
Ask our Manager for more details.