

COFFEE & TEA

coffee

flat white, latte, long black,
espresso, piccolo, macchiato,
hot chocolate, chai latte &
cappuccino

tea

english breakfast, supreme earl
grey, honey dew green, chamomile
blossom, peppermint, lemongrass
ginger

mocha

iced coffee

cream & ice cream

milkshake

chocolate / strawberry / caramel / vanilla

thickshake

chocolate / strawberry / caramel / vanilla

freddo espresso

freddo cappuccino

iced long black

iced latte

iced chocolate

iced chai

extras:

decaf | soy milk | almond milk | oat milk |
lactose free milk

regular
8 oz

medium
12 oz

4.5

5.5

4.5

5.5

4.5

9

10

12

5.5

5.5

4.5

5

9

9

0.9

SMOOTHIES

mango turmeric

mango, banana, turmeric, yoghurt & milk

mixed berry

seasonal berries, honey, yoghurt & milk

mango power

mango, vanilla protein, mint & coconut water

acai

banana, chia seeds & coconut yoghurt

peanut butter ^N

banana, peanut butter, vanilla protein, raw
cacao & milk

honey avocado

banana, avocado, honey, vanilla gelato & milk

JUICES

immunity

orange, apple, celery, ginger & lemon

antioxidant

orange, carrot & beetroot

green

apple, celery, cucumber, spinach & mint

tropical

orange, apple, pineapple & mint

COLD DRINKS

sparkling water | still water

soft drinks

pepsi, pepsi max, sunkist, lemonade,
solo, ginger ale

iced tea

peach / lemon / mango

14

14

14

14

14

14

12

12

12

12

  

5 9

5 10

6 10



MEAT PRODUCTS ARE HALAL-CERTIFIED.
A 10% SURCHARGE FOR SUNDAYS &
15% SURCHARGE ON PUBLIC HOLIDAYS.
A 1.5% SURCHARGE APPLIES TO ALL CARD
TRANSACTIONS.

Neptunes Breakfast Menu



cafeneptunes.com.au

LIGHT BREAKFAST

sourdough **V** **GF** **N**

white soy or linseed or gluten free bread or banana bread

croissant

- plain
- ham & cheese
- ham, cheese & tomato

carrot cake **V** **N**

house spreads **N**

strawberry, nutella, vegemite & peanut butter

SAVOURY

bacon & eggs

2 eggs your way with bacon & sourdough

bacon & egg roll

milk bun with a soft fried egg, bacon, cheese, sliced tomato & BBQ sauce

bacon & egg wrap

scrambled eggs, bacon, spinach & BBQ sauce in toasted wrap

big breakfast

2 eggs your way, bacon, beef sausage, tomato, hashbrown, mushrooms, spinach & sourdough

eggs on toast

2 eggs your way on sourdough

OMELETTE BAR

your choice of 4 toppings served with sourdough

ham, bacon, chorizo, mushroom, onion, capsicum, tomato, olives, spinach, feta cheese & mozzarella cheese

omelettes your way

egg white omelette

HEALTHY BOWL

fruit bowl

mix of seasonal fruits

acai bowl

topped with banana, berries, toasted muesli, seasonal fruits & honey

healthy bowl

1 poached egg, quinoa, spinach, avocado, halloumi, broccolini & pumpkin seeds

FAVOURITE CLASSICS

5

egg benedict

18

7

2 poached eggs topped with hollandaise sauce on sourdough with wilted spinach with your choice of halloumi, bacon, ham or Salmon +\$4

7

BLT

16

12

crispy bacon, tomato, lettuce, cheese & mayo

13

add sunny side up egg for +\$2

8

breaky bruschetta

17

2

sourdough bread with diced tomatoes, onion, feta cheese, 2 poached eggs & balsamic glaze
add bacon, ham, halloumi, avocado +\$2 | salmon +\$4

veggie breaky bowl

22

avocado, halloumi, mushrooms, spinach, tomato & falafel served with sourdough

14

DESSERTS

14

pancakes or waffles

18

served with cream or ice cream

14

- maple syrup, bacon, banana

22

- nutella, banana, strawberries

- butterscotch sauce, strawberries, biscoff crumble, banana

12

KIDS MENU

kids pancake or waffle

10

1 pancake or waffle served with seasonal berries, banana, whipped cream & maple syrup
extra pancake or waffle +\$3 each

kids cheese omelette

10

egg omelette with grated cheese & sourdough, served with a choice of hash brown or fresh fruit cup

18

kids french toast

10

20

french toast served with whipped cream & your choice of bacon or sausage

kids big breakfast

12

scrambled eggs & bacon served with sourdough, hash brown & fresh fruit cup

15

CAKES | PASTRIES OF THE DAY

16

please ask our friendly staff for cake | pastries of the day

9

18

V VEGETARIAN DISHES
cheese contains animal rennet



GF GLUTEN-FREE ITEMS
traces may be present



N CONTAINS NUTS

Please advise your waiter of any allergies or dietary requirements.
We do not accept responsibility for unfavourable outcomes when modifying dishes.